

# Northeast Connecticut and Statewide Health Services, Providers, and Resources for Youth

## Introduction

This document is meant to be a referral resource for school districts to help them locate youth friendly providers for sexual health and other medical services for students. This is not intended to be an exhaustive list, but rather a general guide to **statewide services** that are available and have local or regional branches that may be appropriate referral sources. Information about specific locations has been provided when available.

### What Constitutes a Youth Friendly Provider?

1. Expertise in Providing sexual health services to adolescents.
2. Staff who respect young people, honor their privacy, are non-judgmental, and allow for adequate time to interact with youth.
3. Convenient hours (including drop-ins), short wait times, an accessible location, adequate space and privacy, and affordable fees or opportunities for reimbursement.
4. Comfortable surroundings, welcoming to both males and females, and to youth of all sexual orientations.
5. Youth-focused group discussions, peer counselors, information and educational materials.
6. Integrated sexual health services that allow adolescents to meet their needs for HIV, STD, and pregnancy prevention in one place.
7. Medically accurate and up to date information about and access to services.
8. Follow-up to encourage youth to return and to act on medical referrals.
9. Ways to solicit youth feedback on their needs and how to improve services.
10. Evidence-based practices.

### What is a Sexual Health Referral?

Healthy School Communities for Successful Students Partnership - Connecticut

**Sexual Health Services (SHS) Referral:** A one-on-one conversation with a student in which you provide information about off-site providers or an on-site school-based health center for sexual health services that resulted in a formal or informal referral to one or more of those providers.

These services include:

- HIV testing
- STD testing and treatment
- Pregnancy testing
- Provision of condoms and condom-compatible lubricants (e.g., water- or silicone-based)
- Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, implantable [subcutaneous], IUD/IUC [intrauterine device or contrac
- Human papillomavirus (HPV) vaccine

## Title X: The National Family Planning Program.

**Title X** is the only federal grant program dedicated solely to providing individuals with comprehensive family planning and related preventive health services.

### CT Title X Funded Centers

In Connecticut, Title X funds are distributed directly to Planned Parenthood of Connecticut and six "delegate" (subcontracting) agencies throughout the state including Fair Haven Community Health Center, Hartford Health Department, Hartford Hospital, Hill Health Center, New Haven Health Department, and the University of Connecticut Health Center. The state of Connecticut has not sought to be a Title X grantee.

**Connecticut Department of Public Health**  
**Local Health Districts**

[Local Health Districts Map](#)

[Local Health Districts Contact Information](#)

**Community Health Centers**

[Community Health Centers](#)

Generations Family Health Center <http://www.genhealth.org/>  
[202 Pomfret Street](#)  
[Putnam, CT 06260-1833 \(860\) 963-7917](#)

[CHC Programs and Services](#)

**School Based Health Centers**

[CT DPH SBHC Information](#)

[Community Health Center School Based Health Center Enrollment Form](#)

**STD Testing**

[STD/HIV Clinics](#)

School Based Testing

Contact:

Heidi Jenkins

Public Health Section Chief,

PSI Coordinator-Hepatitis/HIV/STD/TB

860 509-7801

[heidi.jenkins@ct.gov](mailto:heidi.jenkins@ct.gov)

## Lesbian, Gay, Transgender, Bisexual, Questioning Youth Resources

### [Guidelines for Schools on Gender Identity and Expression](#)

FAQ, links for other resources

### [Connecticut Safe Schools Coalition- Directory of Connecticut-Based Anti-Bias and Anti Bullying Programs](#)

Specific information about anti-bias, anti-bullying programs as well as contact information

### [Programs and Services for LGBT People with Mental Health and/ or Substance Abuse Issues](#)

Department of Mental Health and Addiction Services Website

### [Connecticut Department of Education, Bullying and Harassment](#)

### [True Colors Resource Guide](#)

Annual guide of Connecticut resources for a wide range of sexual and minority youth

## Domestic Violence Centers

### Connecticut Coalition Against Domestic Violence

**Statewide Domestic Violence Hotlines**      **888 774-2900 (English)**      **844 831-9200 Spanish**

<b>Name</b>	<b>City</b>	<b>Phone</b>
Women's Center of Greater Danbury	Danbury	203 731-5206
Domestic Abuse Services	Greenwich	203 622-0003
Domestic Violence Crisis Center	Stamford	203 588-9096
Domestic Violence Crisis Center	Norwalk	203 852-1980
The Center for Family Justice	Bridgeport	203 384-9559
The Umbrella Center for Domestic Violence Services	North Haven	203 789-8104
Meriden-Wallingford Chrysalis	Meriden	203 238-1501
Safe Haven of Greater Waterbury	Waterbury	203 575-0036
Women's Support Services	Sharon	860 482-7133
Prudence Crandall Center	New Britain	860 225-6357
Susan B. Anthony Project	Torington	860 482-7133
Interval House	Hartford	860 527-0550
The Network	Enfield	860 763-4542
Domestic Violence Program United Services, Inc.	Dayville	860 774-8648
Domestic Violence Program United Services, Inc.	Willimantic	860 456-9476
Safe Futures	New London	860 701-6000
New Horizons Community Health Center	Middletown	860 347-3044

[Is Love Supposed to Hurt Me? \(brochure\) \(poster\)](#)

[Is your boyfriend/girlfriend hurting you, screaming at you, stalking you or sending threatening messages?](#)

[Break the Cycle \(English or Spanish\) \(website\)](#)

[Center for Adolescent Health and the Law \(website\)](#)

[Heathersvoice.net \(English or Spanish\) \(website\)](#)

## Safe Haven for Newborns

[Information About Safe Haven](#)

[Safe Haven for Newborns Brochure English](#)

[Safe Haven for Newborns Brochure Spanish](#)

[Safe Havens for Newborns Act \(PA 00-207\)](#)

## **Connecticut Sexual Assault Crisis Services Member Program Contact Information**

### **The Center for Family Justice (Bridgeport)**

E. Fairfield County inc. Rape Crisis Services  
753 Fairfield Ave.  
Bridgeport, CT 06604  
**Hotline 203 333-2233**

### **YWCA of New Britain**

Hartford & New Britain  
75 Charter Oak Ave.  
Hartford, CT 06106  
**Hotline: 860 547-1022**  
19 Franklin Square  
New Britain, CT 06051  
**Hotline: 860 233-1787**

### **Women and Families Center**

Meriden/Middletown/New Haven  
169 Colony St.      1440 Whitney Ave.  
Meriden, Ct 06451      New Haven, CT 06515  
100 Riverview Center, Suite 274  
Middletown, CT 06457  
**Hotline: 203 235-4444**

### **Sexual Assault Crisis Center of Eastern CT**

Willimantic and New London  
PO Box 24  
90 South Park St.  
Willimantic, CT 06226

### **Women's Center of Greater Danbury**

Sexual Assault Crisis Sevices  
2 West St.  
Danbury, CT 06810  
**Hotline: 203 731-5204**

### **Rape Crisis Center of Milford**

70 West River Rd.  
Milford, CT 06460  
**Hotline: 203 878-1212**

### **The Center for Sexual Assault Crisis Counseling and Education**

733 Summer St.  
Stamford, CT 06901  
**Hotline: 203 329-2929**

### **Susan B. Anthony Project**

179 Water St.  
Torrington, CT 06790  
**Hotline: 860 482-7133**

### **Safe Haven of Greater Waterbury**

29 Central Ave.  
Waterbury, CT 06721  
**Hotline: 203 753-3613**

### **CT Sexual Assault Crisis Services**

96 Pitkin St.  
East Hartford, CT 06108  
**Hotline: 203 753-3613**

## Planned Parenthood of Southern New England

### [Planned Parenthood of Southern New England Locations and Contact Information](#)

City	Address	Phone
Bridgeport	211 State Street Bridgeport, CT 06604	203.366.0664
Danbury	44 Main Street Danbury, CT 06810	203.743.2446
Danielson	87 Westcott Road Danielson, CT 06239	860.774.0533
Enfield	111 Hazard Ave. Enfield, CT 06082	860.741.2197
Hartford	1229 Albany Ave. Hartford, CT 06112	860.728.0203
Manchester	319 Main Street Manchester, CT 06040	860.643.1607
Meriden	26 Women's Way Meriden, CT 06451	203.238.0542
New Britain	100 Grand Street New Britain, CT 06050	203.238.8097
New Haven	345 Whitney Ave. New Haven, CT 06511	203.503.0450
New London	45 Franklin Street New London, CT 06320	860.443.5820
Norwich	12 Case Street Norwich, CT 06360	860.889.5211
Old Saybrook	263 Main Street Old Saybrook, CT 06475	860.388.4459
Providence, RI	111 Point Street Providence, RI 02903	401.421.9620
Stamford	1039 E. Main Street Stamford, CT 06902	203.327.2722
Torrington	249 Winsted Road Torrington, CT 06790	860.489.5500
Waterbury	969 W. Main Street Waterbury, CT 06708	203.753.2119
West Hartford	1030 New Britain Ave. West Hartford, CT 06110	860.953.6201
Willimantic	1548 W. Main Street Willimantic, CT 06226	860.423.8426
Worcester, MA	<u>470 Pleasant Street; Worcester, CT 01609.</u>	800.258.4448



## CT Laws Regarding Minor's Access to Sexual Health Services

**According to C.G.S.Sec. 1-1d (2009) a minor refers to a person under the age of 18 years.**

Services teens can get without permission from parent or guardian		Can provider tell parent/guardian?
<b>Abortion</b> C.G.S. 19a-600(2), 19a-601 (a), 19a-601e, 19a-602	Minors of any age (for the purposes of this statute, a minor is defined as a person less than 16 years of age)	Parental notification not allowed without consent of minor*
<b>Birth Control</b> -CT law is silent Constitutional protections apply	Minors of any age-no minimum age (sexually active students under the age of 13 to be reported to DCF)	Parental notification not allowed without consent of minor
<b>Emergency Contraception/Morning After Pill</b> C.G.S 19-112e	Minors of any age	Parental notification not allowed without consent of minor
<b>Pregnancy (Prevention, Dx, Tx)</b> CT law is silent constitutional protections apply	Minors of any age	Parental notification not allowed without consent of minor
<b>STDs, Contagious and Reportable Diseases (Dx &amp; Tx)</b> C.G.S. 19a-216 (a)(b), 19a-215, 17a-101(g)	Minors of any age (minors 12 years of age or under need to be reported to DCF)	Parental notification not allowed without consent of minor
<b>HIV Testing</b> C.G.S.19a-582	Minors of any age (minors 12 years of age or under need to be reported to DCF)	Parental notification not allowed without consent of minor
<b>Physical Exam for Reproductive Health Care including Pap Smear</b> C.G.S. 45a-604	Minors of any age (Pap smears are no longer recommended under the age of 21 for any reason)	Parental notification not allowed without consent of minor
<b>Sexual Assault</b> C.G.S. 17a-101, 17a-101a, 46b-120 Mandated Reporting Laws	Minors of any age	Physician/patient privilege does not apply since this is an offense reportable to DCF

\*If the provider is billing for the service, it may appear on the itemized bill from the insurance carrier.

		Sexual Health Services	
Title	Location	Details	
Pro Health		Tim Cooper, Nancy Austin Deborah Vuillemot (midwife), Erica Kesselman (GYN), Elena Peloukhine (GYN), Lacey Luneau (PA), Lindsay Lacorte (OB/GYN)	<a href="https://www.prohealthmd.com/">https://www.prohealthmd.com/</a>
Day Kimball Healthcare OB/GYN	Putnam, CT		<a href="http://www.daykimball.org/">http://www.daykimball.org/</a>
Generations Family Healthcare	Putnam, CT	Ralph Hirschfeld, APRN (Medical Director) Pratima Patil, APRN Carina Holmgren, APRN Laura Sabourin, APRN Catherine Shafts, DO (Medical Director) Abby Gloria, APRN	<a href="http://www.genhealth.org/">http://www.genhealth.org/</a>
Generations Family Healthcare Thompson Medical Center	Danielson, CT 415 Riverside Drive, North Grosvenordale	Nita Chatterjee, MD	<a href="http://www.genhealth.org/">http://www.genhealth.org/</a>
Dr. Terry Eccles	72 W. Stafford Road; Stafford Springs, CT 860-684-5015; dreccles.net	Dr. Terry Eccles	<a href="http://www.dreccles.net/">http://www.dreccles.net/</a>
Day Kimball Healthcare Pediatric Center	320 Pomfret Street, Pomfret, CT; 860-963	Dr. Robert Moes, Dr. Marc Cerrone, Dr. Krista Matsen	<a href="http://www.daykimball.org/">http://www.daykimball.org/</a>
Putnam Medical Associates (ProHealth)	12 Lathrop Road, Plainfield, CT 06375 (86 Dr. Marie Kieras-Skiba (Internal Medicine and Pediatrics)		<a href="http://www.daykimball.org/">http://www.daykimball.org/</a>
UCFS (United community & Family Ser	330 Pomfret Street; Putnam, CT 06260. 8 Piper Lillard, DO		<a href="https://www.prohealthmd.com/pst/facility/details/120">https://www.prohealthmd.com/pst/facility/details/120</a>
	47 Town St, Norwich, Ct 1860) 892-704	Carter Fish, CNM, Danielle Kempesta APRN	<a href="https://www.ucfs.org/">https://www.ucfs.org/</a>
	120-122 Plainfield Road, Moosup, CT 06354. 860-822-4938	Dr. Christopher Kolker (MD) and Lauren Eddy (APRN)	<a href="https://www.ucfs.org/">https://www.ucfs.org/</a>
Women's Health Center; Harrington Hos	Southbridge, MA		<a href="http://harringtonhospital.org/services/womens_center/">http://harringtonhospital.org/services/womens_center/</a>
		Mental Health Services	
Title	Location	1:1 and Family Therapy Providers	Details
Day Kimball Adolescent Mental Health C	Putnam, CT	860-963-6385	<a href="http://www.daykimball.org/locations/day-kimball-hospital-campus/community-services-center/behavioral-health-center/">http://www.daykimball.org/locations/day-kimball-hospital-campus/community-services-center/behavioral-health-center/</a>
Quiet Corner Counseling	Putnam, CT	860-315-9025	
Silver Linings Counseling, LLC	Danielson, CT	860-774-2323	All state insurances, Husky, Tricare, MHN, Optum, UBH, BCBS
Inlight Counseling	Danielson, CT	860-774-0215	<a href="http://www.silverliningsct.com/">http://www.silverliningsct.com/</a>
Corinne Lewis, LCSW	Plainfield, CT	860-323-0141	<a href="https://therapists.psychologytoday.com/rms/name/Corinne_Lewis_LCSW_Plainfield_Connecticut_194548">https://therapists.psychologytoday.com/rms/name/Corinne_Lewis_LCSW_Plainfield_Connecticut_194548</a>
Daryn Tenenbaum, LCSW	Dayville, CT	860-774-2657	<a href="http://www.daryntenenbaum.com/">http://www.daryntenenbaum.com/</a>
Jeff Schneider, LCSW	Putnam, CT	860-481-0832	<a href="https://jeffschneiderlcsww.com/">https://jeffschneiderlcsww.com/</a>
Green Valley Counseling	Woodstock, CT/Southbridge, MA	508-909-6986	<a href="http://www.bzaumondotherapy.com/index.php/contact">http://www.bzaumondotherapy.com/index.php/contact</a>
Northeast Clinical Specialists	Plainfield, CT/Storrs, MA	860-564-3015/860-456-4442	<a href="http://www.neslincal.com/">http://www.neslincal.com/</a>
Northeast Psychotherapy Associates	Plainfield, CT	860-230-0771	<a href="https://therapists.psychologytoday.com/rms/name/A+Partnership+In+Creative+Counseling,+LLC_Canterbury_Connecticut_218725">https://therapists.psychologytoday.com/rms/name/A+Partnership+In+Creative+Counseling,+LLC_Canterbury_Connecticut_218725</a>
United Services	Danielson, CT/Columbia, CT	860-774-2020/860-228-4480	<a href="http://unitedservicesct.org/services/mental-health/child-guidance-clinic/">http://unitedservicesct.org/services/mental-health/child-guidance-clinic/</a>
United Community and Family Services	Plainfield, CT/various	860-822-4900, 860-822-4938	<a href="http://www.ucfs.org">www.ucfs.org</a>
Harrington Healthcare System	Webster, MA	508-765-2222	<a href="http://harringtonhospital.org/wp-content/uploads/Child_Family_Services_final.pdf">http://harringtonhospital.org/wp-content/uploads/Child_Family_Services_final.pdf</a>
You, Inc	Worcester, MA	1-855-4YOUINC	<a href="http://www.youinc.org/services/outpatient.html">http://www.youinc.org/services/outpatient.html</a>
A Partnership In Creative Counseling, LI	Canterbury, CT	860-546-9511	
Barbara Roberts, LCSW	Canterbury, CT and Danielson offices	814-577-9881	Comprehensive therapy offerings; Drug and alcohol concentration available – Aetna, Anthem, ConnectiCare, HealthyCT, Husky, Medicaid, Military Support Program, Multiplan, Optum, Oxford – <a href="https://therapists.psychologytoday.com/rms/name/A+Partnership+In+Creative+Counseling,+LLC_Canterbury_Connecticut_218725">https://therapists.psychologytoday.com/rms/name/A+Partnership+In+Creative+Counseling,+LLC_Canterbury_Connecticut_218725</a>
Title	Location	Extensive Treatment Program	
Natchaug Hospital, Joshua Center	Mansfield Center, CT	860-456-1311	<a href="http://natchaug.org/programs-services/adolescent-services/departments-services">http://natchaug.org/programs-services/adolescent-services/departments-services</a>
	Danileson	860-779-2101	
IN CASE OF IMMEDIATE EMERGENCY:			
Crisis Intervention Hotlines	Crisis Text Line <a href="http://www.crisistextline.org/">http://www.crisistextline.org/</a> Text HOME to 741741 Emergency Mobile Psychiatric Services: Dial 211 (Designed to provide services in home, 24/7) United Services Crisis Hotlines: 860-774-2020 / 860-456-2261 (24/7)		

If you have any questions or need further assistance regarding this guide, please contact: Bobbie Jo Saucier/Director of Health Services at the Woodstock Academy- 860-928-6575 ext. 1236